

## Adult History Questionnaire

Person Completing Form: \_\_\_\_\_ Date: \_\_\_\_\_

**Please answer the following questions to help us learn about your background. Feel free to use the backside of each page if you need more room.**

1. Why are you requesting services at this time?

2. Have you received mental health services in the past? \_\_\_\_Yes \_\_\_\_No  
If yes please list the provider and the dates:

3. Have you been on any medications in the past you feel are relevant to our services? Yes\_\_\_\_ No\_\_\_\_ If yes, please list.

4. Are you on any medications? If yes, please list them below.

<u>Name</u>	<u>Dose</u>	<u>How long have been on</u>	<u>Prescribed by</u>
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5. Have any of your family members had any mental health concerns?

6. Please answer these questions about health problems you and family members have:

<u>You</u>			<u>Family Member Has</u>
<u>Yes</u>	<u>No</u>		<u>Yes</u>
_____	_____	Allergies	_____
_____	_____	Diabetes	_____
_____	_____	Hypertension	_____
_____	_____	Cancer	_____
_____	_____	ADHD	_____
_____	_____	Hearing Loss	_____
_____	_____	Vision Problems	_____
_____	_____	Epilepsy/Seizures	_____
_____	_____	Asthma	_____
_____	_____	Heart Disease	_____
_____	_____	Stroke	_____
_____	_____	Lung Disease	_____
_____	_____	Migraines	_____
_____	_____	Arthritis	_____
_____	_____	Other	_____

Describe any other conditions: \_\_\_\_\_

7. Who is your family physician? \_\_\_\_\_

8. Please list any additional parties you feel may need to be or currently are involved with your care.

9. Are there any legal proceedings pending on your behalf? Yes\_\_\_\_\_ No\_\_\_\_\_  
If yes, please list.

**NOTE:** Your therapist/doctor will ask you to sign a Release of Information form if they need to communicate with any of the people listed on this form.